

Health Plan Contract Innovations

	Title	Partners / Researchers	Description	Outcome / Measurement	Status	Publication
Contract Innovations: Disease Management						
1.	<p>Ambulatory Intensive Care Unit Pilot (AICU)</p> <p>Start Date: May 2010</p> <p>End Date: December 2012</p>	<p>Pacific Business Group on Health (PBGH)</p> <p>Anthem Blue Cross</p> <p>Humboldt Independent Practice Association (IPA)</p>	<p>This pilot will target appropriate providers and estimate appropriate per member per month case management rates. The goal is to improve quality of life and outcomes for patients and to reduce the costs of health care through the approach of comprehensive, coordinated health care delivery and management by primary care "AICU" teams.</p>	<p>To improve member safety, quality of life and outcomes by coordinating care and providing high intensity case management through personal nurse oversight on an outpatient basis. Top 20% of highest risk population is costliest population.</p> <p>Pilot targets 550 members residing in Humboldt county.</p> <p>280 new potential candidates for the program have been identified over and above the approximately 550 candidates originally identified.</p>	<p>Approximately 104 participants enrolled and were assigned to Nurse Case Managers. Ongoing high intensity care management across spectrum of care needs.</p> <p>Goal – Improved population health and reduced costs.</p>	<p>Report to HBC November, 2011</p>

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2.	<p>Pharmacist Care for Diabetes Pilot Program</p> <p>Start Date March 2010</p> <p>End Date December 2011</p>	<p>Blue Shield of California (BSC)</p> <p>Raley's</p> <p>University of California at San Francisco (UCSF)</p>	<p>This pilot is exploring the possibilities of improving diabetes management while reducing major medical expenses. This pilot will identify members with uncontrolled or poorly controlled Type II diabetes and seek improved outcomes. The Raley's pharmacist will collect clinical measures (e.g. blood pressure readings, cholesterol levels, and blood glucose levels) at each visit and will consult members on diabetes medication use and self-care.</p> <p>Pilot targeted 861 members, with a goal of 150 member participation.</p>	<p>Supports outcomes research and better coordination of care for high risk diabetic patients. Members are offered copay waivers for maintenance medications if compliant with the program.</p> <p>Identify and improve outcomes for uncontrolled/ poorly controlled diabetics.</p>	<p>117 members agreed to participate. 96 pharmacy consultations completed to-date. 52 follow-up consultations completed.</p> <p>Study results to be provided in 2012.</p>	<p>"CalPERS, Blue Shield, Raley's and UCSF Begin Joint Diabetes Management Pilot Program," CalPERS press release, July 15, 2010</p>

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3.	<p>Diabetes Risk and Worksite Wellness Pilot</p> <p>Start Date: March 2010</p> <p>End Date: July 2011</p>	<p>Kaiser Permanente</p> <p>Solano County</p> <p>California State University at Northridge</p>	<p>Kaiser Permanente is piloting a program to address high-risk diabetes patients through enhanced risk assessment targeting, education, lifestyle support, and health management opportunities. The project involves a coordinated worksite wellness program for two local public agencies. Solano County government employees and California State University at Northridge faculty and staff are participating in this pilot.</p> <p>Wellness Program Pilot targeted 6,580 employees. The Diabetes Program targeted 3,238 Kaiser members.</p>	<p>Reduce the risk of diabetes among CalPERS members through improved high-risk education, lifestyle support, and condition management.</p> <p>Lessons learned from this pilot may be applicable to other agencies contracting with CalPERS for health benefits.</p>	<p>The program will be extended at both pilot agencies in 2011-2012, and will include onsite screenings, classes and physical activity programs. 6 and 12 month interval studies will be conducted for changes in BMI, blood glucose, cholesterol, and blood pressure. Results will be reported to CalPERS and CDC in mid-2012.</p>	<p>"CalPERS Announces Diabetes Pilot Program to Improve Employee Health," CalPERS press release, July 6, 2010.</p> <p>Report to HBC September 2011.</p>

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Contract Innovations: Wellness						
4.	<p>Long Term Care Research Project</p> <p>Start Date March 2011</p> <p>End Date TBD</p>	Univita	This research will determine if the use of CalPERS Long-Term Care Plan (LTCP) benefits and the access these benefits provide to personal care services in the home and in assisted living facilities, improves healthcare utilization patterns and reduces the overall healthcare cost for CalPERS LTCP members.	<p>To better manage services to CalPERS LTCP members and validate healthcare cost savings. Research examines end of life cost of medical care in the CalPERS LTC population compared to the health plan only control group.</p>	<p>Data file layout provided to Univita August 2011.</p> <p>Data sharing agreements executed by Univita; awaiting signature from TR. Programming for data extract is complete.</p> <p>Report from Univita research team due to CalPERS March 2012</p>	

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5.	<p>Living Well Pilot</p> <p><u>Start Date</u> April 2011</p> <p><u>End Date</u> December 2011</p>	<p>BSC</p> <p>Richmond Campus of the California Department of Public Health (CDPH)</p>	<p>BSC is piloting a worksite wellness program for the Richmond CDPH employees with a goal of improving member health. The program includes onsite biometric screenings (to be conducted by an outside vendor), a wellness assessment, multi-week activity challenges, on-going education and support materials, including bringing Weight Watchers at Work to the agency.</p> <p>Pilot targets 1300 employees with 30% employee participation in wellness assessment and biometric testing; 50% participation in physical fitness challenge or Weight Watchers at Work.</p>	<p>Employee satisfaction, engagement, and commitment.</p> <p>Examine worksite wellness program effectiveness on CalPERS members.</p> <p>Lessons learned from this pilot may be applicable to other agencies contracting with CalPERS for health benefits.</p>	BSC to provide tool kit for employers and to extend pilot for an additional year.	Report to HBC September, 2011 by Blue Shield Staff

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6.	Worksite Wellness Pilot	Anthem Blue Cross Shasta County - Pelican Bay State Prison	Anthem will provide onsite health promotion activities, health assessments, biometric screenings, and wellness resources (e.g. a wellness advisor and a wellness learning center) for employees at the site over a three-year period. Program evaluation measures include satisfaction, engagement, changes in risk factors over time, health care costs, and absenteeism. Anthem will collect the pilot data and forward to CalPERS for analysis and reporting.	Focus on rural California sites in order to pilot benefits of worksite wellness in geographically underserved communities Specifically engage members in reducing risk factors and target members with the following risk factors: BMI > 30 LDL > 130 HDL < 45 Blood Sugar > 125 BP > 140/90 Participation targets are 10% initial year 15% (Year 2) 20% (Year 3)	Gain Warden approval from Pelican Bay State Prison Establish robust communication plan, partner with employer, leverage local leadership to launch program, and create awareness, engagement, and support with local employees.	Report to HBC September, 2011

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Contract Innovations: Service Delivery						
7.	Catholic Healthcare West and Hill Physicians Medical Group (CHW/Hill) Pilot Program <u>Start Date</u> January 2011 <u>End Date</u> June 2012	BSC Catholic Healthcare West (CHW) Hill Physicians Medical Group	BSC, CHW and Hill Physicians are piloting a program designed to provide an integrated health care delivery model in the Sacramento region, whereby the health plan, hospital, and medical group incentives align to better coordinate care for members. All partners agreed to be at financial risk should the pilot's cost reduction goals fall short of expectations. Pilot targets 41,000 members in Sacramento region to achieve savings goal of \$5M.	2010 Outcomes: 15% reduction in inpatient admissions; 0.5% day reduction in Average Length of Stay for inpatient admissions; 15% reduction in inpatient days; 50% reduction in inpatient days per thousand of 20 or more days; \$15.5 million saved in 2010 health plan rates. \$5.0 million saved in 2011 health plan rates \$12 million saved in 2012 health plan rates	2012 Two additional IHMs will be activated in Orange and San Joaquin counties with a possible third location to be determined. University of Southern California to conduct an independent evaluation of the IHM pilot.	"Blue Shield, CHW, Hill Physicians collaborate to cut costs" <i>Sacramento Business Journal</i> , February 25, 2011. Report to HBC October 18, 2011.

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8.	<p>Value Based Purchasing Design</p> <p><u>Start Date</u> January 2010</p> <p><u>End Date</u> December 2011</p>	Anthem Blue Cross	<p>CalPERS and Anthem Blue Cross (Anthem) are partnering on a hip and knee joint replacement program for the Preferred Provider Organization members (approximately 340,000 members). The program is designed to keep out-of-pocket costs down, while limiting overall increase in medical costs. Hospital charges have ranged from \$15,000-\$110,000 for hip and knee replacement surgeries.</p> <p>To manage this variance, CalPERS established a \$30,000 limit for these surgeries and worked with Anthem to identify 46 facilities throughout California where surgeries can be performed with little to no out-of-pocket costs to the member beyond the plans deductible and coinsurance.</p>	<p>Determine if program effectively migrates members to lower cost facilities.</p> <p>Determine if members receive same level of quality at lower cost facilities compared to pre-program experiences.</p> <p>Results: Number of surgeries at approved centers increased 6.8 percent.</p> <p>Average paid amount per surgery was 26.5% lower during the pilot than it was the prior year.</p>	<p>Initial member satisfaction survey is being drafted to gauge immediate impression of members receiving hip replacement to date.</p> <p>Anthem to conduct program evaluation study after first year.</p> <p>U.C. Berkeley Research Staff interested in conducting policy evaluation study</p>	<p>Two issue papers published by Jamie Robinson, Ph.D. and Kim McPherson Ph.D (citation)</p> <p>“Employee incentives drive lower-cost health care” <i>USA Today</i>, September 21, 2011 (updated September 22, 2011)</p>